



INDOOR TRIATHLON

SUNDAY, FEB. 12

**BUENA VISTA UNIVERSITY
SIEBENS FIELDHOUSE**

EVENT LENGTHS

Placements and awards are determined by the distances achieved by the athlete during each time frame.

	YOUTH TIME	MINI SPRINT TIME	SPRINT TIME
SWIM	5 min.	10 min.	15 min.
TRANSITION 1	7 min.	7 min.	7 min.
BIKE	15 min.	20 min.	30 min.
TRANSITION 2	4 min.	4 min.	4 min.
RUN	10 min.	15 min.	20 min.

▶ **ENTRY FEES**

Visit BVU.EDU/TRIATHLON to download a registration form.

Youth Tri: \$18 (Must be at least 10 years old)

Mini Sprint Tri: \$25

Sprint Tri: \$30

Team Sprint Tri: \$40

▶ **TEAMS**

Up to three people may be on a team. For example: One person to swim, one person to bike and one person to run. Or, one person to swim and bike, one person to run. (Or any combination.)

▶ **AWARDS**

will be given to the top three males and females in each event. Awards will be given to top male and female in each age group (Youth, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and up).

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